

Theory of Change: Providing comprehensive health education and services in schools addresses health-related barriers that keep students from learning and enables them to make informed decisions about their wellness, reduce risky behaviors and utilize health care services.

Program Goal: To improve the health of Chicago Public Schools students.

All proposals submitted to the Foundation should adhere to one of the following strategies:

STRATEGY A

Health Promotion/ Risk Reduction

Target Population: Chicago Public Schools students

Components

- Targets physical and/or mental/behavioral health needs
- Delivers continuous, culturally-sensitive, developmentally-appropriate and evidence-based health care and information
- Provides follow-up after screenings and referrals
- Includes ongoing training and evaluation for presenters/staff
- Aligns with Chicago Public Schools (CPS) and or Chicago Department of Public Health (CDPH) goals

Evaluation Criteria

- Unduplicated number of students served
- Number and content of single-encounter and/or multi-session workshops presented
- Evidence of participant knowledge gain and belief, and attitude and behavior change
- Number of students screened, diagnosed and/or referred for follow-up care
- Number of students who subsequently access care and/or are connected to a medical home or primary care
- Improved health outcomes such as better managed asthma or increased physical activity

STRATEGY B

School- Based Health Care

Target Population: Chicago Public Schools students

Components

- Targets physical and/or mental/behavioral health needs
- Delivers continuous and comprehensive care, which is student-focused, culturally-sensitive, developmentally-appropriate, evidence-based, and confidential
- Collaborates with school partners
- Collaborates with local government and/or social service agencies
- Engages parents and the community
- Incorporates accountability mechanisms and performance improvement practices into administrative and clinical systems
- Aligns with CPS and/or CDPH goals

Evaluation Criteria

- Percentage of student body enrolled in school-based health services
- Unduplicated number of students served
- Number and type of encounters
- Number and content of health education presentations
- Number of students screened, diagnosed, treated and/or referred for care
- Number of students who subsequently access care and/or are connected to a medical home or primary care
- Impact on school environment
- Improved health outcomes such as decreases in disruptive behavior or increases in vaccinations
- Impact on pertinent student health issues, including teen pregnancy, STI rates, mental/behavioral health, chronic illness and others outlined by CPS and/or CDPH

STRATEGY C

Systems Improvement and Innovation

Target population: Systems and agencies through which Chicago Public Schools students access health education and services

Components

- Implements evidence-based system innovation that demonstrates best practices and leads to increased resources, improved policies and effective service delivery that benefit CPS students' health
- Inter-agency collaboration that engages key stakeholders, advocates for effective health policies and practices, provides opportunities for cumulative learning and/or capacity-building for participating organizations' staff
- Collective work articulates a clear action plan that includes defined sector goals, progress benchmarks, and anticipated outcomes
- Conducts data collection and evaluation that informs and improves health delivery and public health practice

Evaluation criteria

- Description, number and length of activities
- Number and type of participating organizations or engaged key stakeholders
- Demonstrated progress towards system changes and/or achievement of collective goals
- Enhanced or streamlined health service delivery
- Increased number of students connected to, accessing and retained in health services
- Reliable and useful student health data that informs the sector
- Documented best practices that inform the sector
- Improved student health outcomes, such as lower obesity or diabetes rates